

EXOS ORTHOTICS Recommendations

EXOS orthotics are used to stabilize the thumb, hand and/or wrist in order to promote the healing of the injury. This orthotics is adjustable to ensure comfort for the patient. Furthermore, it can be removed once a day and cleaned.

Installation

Instructions for the splint:

- 1) Position the thumb, hand and/or wrist in the brace.
 - 2) Push the BOA button and pull the tab to equalize the queues.
 - 3) Turn the BOA knob clockwise
- ***The BOA button must be in the locked position when the splint is worn.

To remove the splint:

- 1) Lift the BOA button.
- 2) Pull the tab to loosen the wires.
- 3) Open the device to remove the thumb, hand and/or wrist.

Maintenance

Wash the inside and outside of the splint with a antibacterial soap. Rinse thoroughly with cold water. Let air dry.

Avoid exposing the orthotic to extreme heat as it could be unmolded.

At any time, you can contact your orthotist for adjustments to ensure your comfort. Do not hesitate to contact us.



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